

TABLE 2 - SUMMARY OF OUTCOMES ASSESSED BY DOMAIN AND RESULTS FOR QUANTITATIVE STUDIES OF GROUP MENTORING

OUTCOME KEY: + Positive effect; - Negative effect; X No effect

Program	Evaluation Design	Emotional/ Psychological	Behavior: Conduct Problems/ Physical Health	Attitudinal/ Motivational/Skills and Competencies	Academic/School
GROUP MENTORING AS SOLE OR PREDOMINANT MODALITY					
<i>Untitled</i> ⁷	Design: Experimental Sample Size: 82 (31 mentored, 51 control)	X Self Image		X Social Efficacy X Academic Efficacy	
<i>Go Girls!</i> ¹¹	Design: Non-experimental, multilevel; 2 baseline assessments + post +7 week follow-up. Sample Size: 310 nested in 40 groups		+ Physical Activity + Healthy Eating	+ Efficacy: Diet - Attitudes toward Physical Activity (Post only) + Intentions toward Physical Activity + Efficacy: Physical Activity	
<i>Twelve Together</i> ¹²	Design: Randomized control trial Sample Size: 246; 130 mentored, 116 control	X Self-esteem X Locus of control	X Drug use X Arrests X Pregnancy		X Dropout X Attendance - Grades (short term finding, not at follow-up) - Credits (short-term, not at follow-ups) X Test Scores X Education Aspirations
<i>Untitled</i> ²²	Design: Experimental Sample Size: 80	X Relationship w/ parents	+ Externalizing + Internalizing X Problem Behavior	+ Problem solving attitudes X Adaptive Skills X Social Skills	

OUTCOME KEY: + Positive effect; - Negative effect; X No effect

<i>Youth Development Program</i> ²¹	Design: Quasi-experimental Sample Size: 152; 102 mentored, 50 control		+ Problem Behavior		+ School Engagement (only for immigrants) - School Belonging
<i>TeamWorks</i> ^{27, 28}	Study 1 Design: Quasi-experimental, post-test only Sample Size: 60; 30 mentored, 30 control Study 2 Design: Non-experimental, mixed quantitative/qualitative Sample Size: 120			+ Attitudes: School + Attitudes: Family + Attitudes: Community	+ School Attendance + School Participation
<i>Reading for Life</i> ³⁰	Design: Experimental Sample Size: 408; 194 mentored, 214 control		+ Recidivism (any arrests) + Number of arrests		
MULTI-COMPONENT GROUP MENTORING PROGRAMS					
<i>Better Futures</i> ¹⁴	Design: Experimental, with 6-mo follow-up Sample Size: 67 (36 program, 31 control)	+ Hope + Mental health		+ Self determination + Self-efficacy + Transition Planning	+ Post Secondary School Prep + Post Secondary School Participation
<i>Village Model of Care</i> ¹⁶	Design: Quasi-experimental Sample Size: 478; 237 mentored; 241 comparison		X Internalizing problems X Externalizing problems X Oppositional problems + Cognitive problems + (trend) Attention (ADHD)	X Self concept	+ GPA

OUTCOME KEY: + Positive effect; - Negative effect; X No effect

HYBRID GROUP + 1:1 PROGRAMS					
<i>Young Men of Distinction</i> ¹⁵	Design: Quasi-experimental Sample Size: 80; 40 mentored, 40 comparison				+ Math grades + Language arts grades
<i>Young Women Leaders</i> ¹⁸		+ Global self-esteem (SE) X School SE X Peer SE X Family SE X Assertive Social Skills			
<i>Mentoring for Sexual Health</i> ³¹	Design: Quasi-experimental Sample Size: 33; 17 mentored, 16 comparison			+ Sexual knowledge + Sexual attitudes	
<i>Campus Corps/Mentor Families</i> ³⁷	2015 study – Quasi Experimental Sample Size: 315; 179 mentored; 136 comparison		+ Problem Behavior (delinquency & drug use)	+ Acceptance of problem behavior X Peer refusal skills + Autonomy from alcohol use X Autonomy from substance use	



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