**National Mentoring Resource Center (NMRC)**

**Measurement Guidance Toolkit**

**Ready-to-Use Measures**

**DOMAIN:** Mentoring Relationship Quality

**MEASURE:** Youth-Centered Relationship

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Please respond to each item by marking one box per row. | | | | |
|  | Not True at All | Not Very True | Sort of True | Very True |
| 1. My mentor almost always asks me what I want to do. | □  1 | □  2 | □  3 | □  4 |
| 2. My mentor is always interested in what I want to do. | □  1 | □  2 | □  3 | □  4 |
| 3. My mentor and I like to do a lot of the same things. | □  1 | □  2 | □  3 | □  4 |
| 4. My mentor thinks of fun and interesting things to do. | □  1 | □  2 | □  3 | □  4 |
| 5. My mentor and I do things I really want to do. | □  1 | □  2 | □  3 | □  4 |