**DOMAIN:** Benefits of Mentoring for Mentors and Others Outside the Mentoring Relationship

**OUTCOME:** Perspective Taking

**MEASURE:** Perspective-Taking scale of the Interpersonal Reactivity Index

| INSTRUCTIONS: The following statements inquire about your thoughts and feelings in a variety of situations.  For each item, indicate how well it describes you by choosing the appropriate number on the scale (0 to 4). READ EACH ITEM CAREFULLY BEFORE RESPONDING.  Answer as honestly as you can. | | | | |  |
| --- | --- | --- | --- | --- | --- |
|  | A: Does not describe me well | B | C | D | E: Describes me very well |
| 1. I sometimes find it difficult to see things from the “other guy’s” point of view. | □  0 | □  1 | □  2 | □  3 | □  4 |
| 2. I try to look at everybody’s side of a disagreement before I make a decision. | □  0 | □  1 | □  2 | □  3 | □  4 |
| 3. If I’m sure I’m right about something, I don’t waste much time listening to other people’s arguments. | □  0 | □  1 | □  2 | □  3 | □  4 |
| 4. I believe that there are two sides to every question and try to look at them both. | □  0 | □  1 | □  2 | □  3 | □  4 |
| 5. When I’m upset at someone, I usually try to “put myself in his shoes” for a while. | □  0 | □  1 | □  2 | □  3 | □  4 |
| 6. Before criticizing somebody, I try to imagine how I would feel if I were in their place. | □  0 | □  1 | □  2 | □  3 | □  4 |
| 7. I sometimes try to understand my friends better by imagining how things look from their perspective. | □  0 | □  1 | □  2 | □  3 | □  4 |