



## FY 2022 OJJDP Mentoring Opportunities for Youth Initiative Grantee Profile

# Be A Mentor

### Program Overview and Background

Be A Mentor, Inc. (BAM) will partner with La Familia, a nonprofit agency in Hayward, CA, that provides substance abuse treatment and prevention to adolescents and families to implement an evidence-based mentoring program for youth who have been impacted by opioid and other substance misuse. We will use a combination mentoring model that consists of both group and one-to-one mentoring.

### Program Services

Since its founding more than three decades ago, Be A Mentor has matched more than 4,000 youth from high-crime, low-income urban schools with caring adult mentors to act as guides and role models in their lives. Be A Mentor has run numerous direct service projects that provided one-on-one mentoring to children of incarcerated parents, foster care youth, and low-performing students.

This project will start with a group cohort model, then mentees can give input to select their mentor, and begin meeting 1:1. Continued group meetings and activities will be planned, including trauma-informed care, goal-setting, career and education support, and referrals to resources as needed

### Target Population

We aim to provide mentoring under this grant to young people with

- Substance Misuse or Impact
- Youth referred from other community-based agencies, schools, and families who have been impacted by their own, or their families' substance misuse
- Youth whose parents are receiving substance abuse treatment from La Familia
- Youth who are receiving substance abuse treatment from La Familia

### Mentor Recruitment & Training

- 130 youth served under this grant
- 130 mentors recruited under this grant
- 130 proposed matches



HQ: Hayward, CA

Founded in 1992

130 Youth Served

1 Program Location

1 Sub Grantee

**Grant:** JJ FY22 Mentoring: Opioids

**Award Number:** 15JDP-22-GG-03726-MENT

**Award Amount:** \$681,818

#### Mentoring Model & Structure

- Community-based
- One-to-one, community-based, e-mentoring, combined (both group and 1:1 mentoring)
- Partnering with Substance Abuse Providers
- Programs focus on Substance Misuse, Substance Impact, and General



- For mentor recruitment, we target College Students and Adult Volunteers
- Duration of program services: Minimum of 1 calendar year
- Expected intensity of match contact: 2-3 hours per week
- Expected length of a match: 1 calendar year
- Expected frequency of match contact: 1 time per week
- Number of training hours required before a mentor is matched with a youth: 8 hours

### Additional Program Information

- Youth referred from other Community-based agencies
- Schools
- Families who have been impacted by their own, or their families' substance misuse

### Additional Resources

- [Be A Mentor Website](#)
- [Opioid Webpage](#)
- [Facebook](#)
- [Instagram](#)
- [Twitter](#)

*This data is accurate as of April 1<sup>st</sup>, 2023.*

### For more information on our OJJDP grant:

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