



## FY 2022 OJJDP Mentoring Opportunities for Youth Initiative Grantee Profile

# National CARES Mentoring Movement

### Program Overview and Background

The overall goal of The Rising is to transform the lives of young people by encircling them with caring adults trained to deliver a transformational healing curriculum that challenges, affirms, encourages, and inspires. The curriculum is rooted in prevention and teaches principles, practices, and other support efforts that provide coping and other mechanisms to mitigate the impact of the disparities and dysfunction ruining young lives. Integral to the program is the cultivation of cultural pride and high self-esteem, the development of critical thinking and literacy skills, workforce development and soft “power” skills, and a love for learning and high achievement among our young who are losing social, emotional, and academic ground. In addition to working directly with students, the program works to indirectly change the landscape of the schools they are embedded in by improving the overall school culture and relationships between students and the school staff.



### Program Services

- At the school
- After-school
- In detention centers
- In community centers

The program follows a culturally anchored and healing-centered curriculum that unfolds in weekly Wellness Mentoring Circles (WMCs). WMCs are small-group mentoring circles that are facilitated by a CARES-trained facilitator who is a social worker or psychologist.

### Target Population

We aim to provide mentoring under this grant to young people with any one or more of the following:

- Single Parent Household
- Academic Challenges
- Facing Discrimination based on Race, Ethnicity, and/or Gender
- Juvenile Justice Involvement
- Victimization
- Substance Impact or Misuse

- HQ: NY**
- Founded in 2006**
- 683 Youth Served**
- 6 Program Locations**

**Grant:** JJ FY22 Mentoring: Multi-state

**Award Number:** 15JDP-22-GG-04870-MENT

**Award Amount:** \$2,500,000

### Mentoring Model & Structure

- Site-based, school-based
- Group, school-based, and community-based
- Partnering with juvenile justice agencies, schools, faith-based organizations, national non-profits, fraternities, and sororities
- Programs focus on Culturally Specific and Relevant Curriculum



## Mentor Recruitment & Training

- 3,541 youth to be served under this grant
- 598 mentors recruited under this grant
- 590 matches under this grant
- For mentor recruitment, we target College Students and Adult Volunteers
- Duration of program services: 24 weeks
- Expected intensity of match contact: 24 hours total, 1 hour per week
- Expected length of a match: 24 weeks
- Expected frequency of match contact: 1 time per week
- Number of training hours required before a mentor is matched with a youth: 20 hours

## Additional Program Information

We work specifically to recruit community members to mentor the young people served, looking at demographics and shared lived experiences.

## Additional Resources

- [National Cares Mentoring Movement](#)
- [Facebook](#)

*This data is accurate as of April 1<sup>st</sup>, 2023.*

### For more information on our OJJDP grant:

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