



FY 2024 OJJDP Mentoring Opportunities for Youth Initiative Grantee Profile

National Association of Police Athletic Activities League, Inc.

Program Overview and Background

The Police Athletic League was created in 1917 in New York City to provide a constructive environment for young people, with the dual goals of preventing juvenile delinquency and building trust between the police force and the community. In the latter half of the 20th century and into the 21st century, PAL continued to adapt to the changing needs of communities. New initiatives were introduced to address contemporary issues such as drug abuse, gang violence, and educational disparities. The introduction of mentoring programs, career guidance, and computer literacy classes reflected PAL’s commitment to comprehensive youth development.

Now known as National PAL, the organization includes over 300 chapters throughout the United States, serving over 2 million youth annually. It is the premier model for modern community policing and connecting cops to kids.

Program Services

National PAL provides a myriad of services for youth such as education and recreational support. Youth Mentoring, guidance, substance abuse awareness, gang prevention, positive decision-making skills, conflict resolution, job skills, soft skills, STEM, theater, dance, oratory, many others and all sports.

Target Population

We aim to provide mentoring under this grant to young people with any one or more of the following:

- Academically Challenged
- Juvenile Justice Involvement
- Race/Ethnicity
- Rural
- Single Parent Household
- Substance Misuse/Impact
- Victimization
- Youth with Disabilities



National PAL
National Association of Police Athletic/Activities Leagues Inc.

- 📍 **Headquarters in Washington, D.C**
- 🏠 **Founded in 1935**
- 👥 **500,000 Youth Served**
- 🏠 **100 Program Locations**

Grant: JJ FY24 Mentoring: National

Award Number: 15PJDP-24-GG-01664-MENT

Award Amount: \$3,000,000

Mentoring Model & Structure

- Community-based, Site-based, School-based
- Group, Combined (Mentee receives both group and 1:1 mentoring)
- Partnering with Substance Abuse Provider, Juvenile Justice Agency, School, Corporate Sector, Faith-based Organization, Law Enforcement Agency
- Programs focus on College Readiness, Community Service, Credible Messenger Mentoring, Gang Prevention, General, School, Sports, STEM, Substance Misuse/Impact, Youth Victims (Child Abuse or Exploitation), Youth with Disabilities



Mentor Recruitment & Training

- 7,500 mentors recruited under this grant
- Peer Mentoring included in programming
- For mentor recruitment, we target Adult Volunteer, Athletic Coach, College Student, Law Enforcement Officer, Peer (Youth)
- Duration of program services: 12 months
- Expected intensity of match contact: 4 hours per month
- Expected length of a match: Minimum of 12 months
- Expected frequency of match contact: Minimum 4 hours per month
- Number of training hours required before a mentor is matched with a youth: 12 hours

Additional Program Information

The National Association of Police Athletic/Activities Leagues, Inc. (National PAL) and its Chapters work nationwide promoting the prevention of juvenile crime and violence by building relationships among kids, cops, and communities through positive engagement.

Additional Resources

- National Association of Police Athletic Activities League, Inc. Website: www.nationalpal.org

this data is accurate as of January 2025.

For more information on our OJJDP grant:

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